

Expectations

It is our experience that those who fully avail themselves of the resources provided at the Caldwell House can and do recover. It is our mission to assist you in this process. We believe that you too can have hope and cultivate the independence needed to live a full and productive life. At the Caldwell House, we do this by providing a structured sober living lifestyle that will provide you with the tools necessary for recovery from alcohol and drug abuse. We suggest a nine to eighteen month stay for the best opportunity for stability. Residents will be allowed to stay as long as needed to be able to maintain a stable life in recovery. However, residents must understand their stay at the Caldwell House is temporary. Each resident will be periodically reviewed regarding their attitudes, co-operation, discipline, commitment and willingness to the program.

What you can expect from us

- A safe, clean, and alcohol/drug free living environment
- To be treated with dignity and respect
- Assistance with gainful employment
- Wholesome Food and Fellowship
- An environment that encourages accountability, responsibility, and a sober living lifestyle
- Access to a recovery community with a vast recovery experience, full of people just like you, who have been where you are, are now living happily and usefully whole, and who want to help you do the same

What the Caldwell Halfway House expects from you

- No Drug Use * No Alcohol Use * No Violence * No Weapons or Firearms
- A 4 month commitment and active involvement in the implementation of aftercare plans and employment
- You are expected to actively participate in the recovery process as outlined in the House Rules
- You are expected to have a 12-step sponsor (we will help you with this process)
- You are expected to attend all designated mandatory recovery meetings
- You are expected to find your own rides to 12-Step meetings by reaching out to other residents and other members in the community
- You are expected to attend at least 30 meetings in the first 30 days of residency, then a minimum of 5 meetings per week
- You are to attend and participate in the weekly House Meetings

- Be willing to arrive early and stay late at meetings to get to know, and be known within, the community and to help with meeting setup and clean up
- Get a phone list at a meeting